Mark O'Brien MD PLC # Diabetic Flow Sheet **Name:** ______________________________

www.markobrienmd.com

Long Acting Insulin = ____________ Units / day.
Rapid Insulin = (Grams of Carbs) / X, X = ______
Rapid Insulin = (Glucose – 100) / Y, Y = ______

Medications: ____

	Breakfast		Lunch		Dinner		Bedtime		Total	
Date	Sugar	Insulin	Sugar	Insulin	Sugar	Insulin	Sugar	Insulin	Insulin	Comments